

# **CONSTRUCTING PJOK LEARNING WITH THE TGfU APPROACH AND PSYCHOLOGICAL ASPECTS IN PHYSICAL EDUCATION FOR SMP LEVEL TEACHERS IN SLEMAN REGENCY**

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## **ABSTRACT**

The purpose of this community service activity is to refresh and provide knowledge to sports and health physical education teachers in junior high schools throughout Sleman Regency about the importance of learning physical education using the TGfU model approach, game material and psychological aspects in physical education as a means of realizing the goals of learning physical education in junior high schools.

The target audience for this PPM activity were 30 teachers of Physical, Sports and Health education at the junior high school level in the Sleman Regency area.

Community service activity entitled "Strengthening the Learning of Sports and Health Physical Education with the TGfU Approach and Psychological Aspects in Physical Education for Middle School Level Teachers throughout Sleman Regency". Community service can be carried out and run well. The implementation of this community service was carried out in one day with the first presentation on "Psychological Aspects in Modern Education and continued with discussion. The second presentation was about "Sports and Health Physical Education with the TGfU Approach in Game Sports and continued with the discussion.

Kata Kunci: *Consolidation, Teaching Game for Understanding Approach, and Psychological Aspects*