

Interpersonal relationships quality among students, teachers and school principals as predictors of Well-being and Engagement in school

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ABSTRACT

As the continuation of previous studies on interpersonal relationship quality in the school context, this study was conducted to create a grand design of healthy school relationships. To understand the dynamics of the interpersonal relationship quality in school as a whole, we explore three types of interpersonal relationship and their relation with other well-being elements from PERMA, namely Positive Emotion, Engagement, Meaning and Achievement by each school member's role, whether as a student, teacher or a school principal. Mixed-mode survey research, through both online and offline was conducted to 723 students and 455 teachers in public schools among Bantul and Yogyakarta. The data was then analyzed using SEM (Structural Equation Modeling) to identify each model of school interpersonal relationship. We managed to gather comprehensive relationship models in the school context, picturing the friendship among students, work partnership among teachers and hierarchical relationship among teachers and their boss or the school principal. We hope that this finding could be developed as a guidance for the promotion program of a healthy school through the strengthening of school protective factors, especially in the forms of healthy and high quality relationships.

Kata Kunci: *interpersonal_relationship, well-being, PERMA, school, students, teachers, principals*