

TRAINING ON INCREASING INFANT MASSE SKILLS, EARLY CHILDREN AND INCOME GENARATING AT POSYANDU BASED ON PUSKESMAS PENGASIH KULONPROGO YOGYAKARTA

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ABSTRACT

Community service activities (PkM) are in the form of infant and early childhood massage skills training for posyandu cadres. The purpose of this training is to improve infant and early childhood massage skills and it is hoped that it can be applied at least in the family sphere, considering the benefits obtained, further than the skills possessed can increase income (income generating) for posyandu cadres. The target audience in this PkM activity are Posyandu cadres assisted by the Pengasih I Health Center, Kulon Progo, Yogyakarta Special Region, totaling 30 people represented from 13 Posyandu. The training is carried out using various methods, including: lectures, demonstrations and exercises accompanied by questions and answers. The lecture method is used to explain the concept of infant and early childhood massage. The demonstration method is used to show a work process, namely the stages of infant and early childhood massage management, while the training method is to practice infant and early childhood massage management. While the question and answer method is to provide a deeper understanding and opportunity for participants to consult in overcoming obstacles in the management of infant and early childhood massage. Conclusion: the training activities viewed from the components of the training material 24 (80%) participants stated very well, 27 (90%) training resource persons stated very well and space and consumption facilities 29 (97%) stated very well. The training activities were able to significantly improve the massage skills of toddlers and early childhood. Massage training was able to increase income generating as many as 18 (60%) cadres with 17 (57%) getting more than 5 toddlers every month

Kata Kunci: toddler massage, income generating, posyandu cadres