

# **MOTIVATION OF STUDENTS OF THE FACULTY OF SPORTS SCIENCE IN SPORTS TRAINING DURING THE COVID 19 PANDEMIC**

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## **ABSTRACT**

Motivasi has an important role in the field of sports, motivation is the overall driving force within the individual that gives rise to sports activities, ensures the continuity of exercise and gives direction to training activities to achieve the desired goals. The purpose of the study was to analyze the level of motivation of FIK UNY students and UPSI students in sports training during the Covid pandemic. The research method uses the survey method. The subjects of the study were sports participation of UNY and UPSI. The mandatory output of this study is an international journal indexed by SCOPUS Q4. This research is a study comparing the level of motivation of FIK UNY students and UPSI students, related to the level of readiness, this study has a TKT indicator level at level 3.

Kata Kunci: *Keywords : Motivation, Practice, Sports, Student*