

POSITIVE YOUTH LABORATORY DEVELOPMENT

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ABSTRACT

So far, the approach to adolescents tends to be clinically based, namely seeing adolescents as a problem. The positive psychology approach views adolescents as assets that need to be optimized through their strengths. The Psychology Laboratory of FIP UNY as a place for the development of knowledge and expertise for lecturers and students sees the need to make positive youth an empirical and theoretical study that must be developed and disseminated. This study aims to develop a positive youth laboratory. The research approach is research and development (research and development). The results of this development research are in the form of web articles with the topic of positive youth applications that have been tested for feasibility by media experts, material experts and students as users of the media.

Kata Kunci: *positive youth, positive psychology, laboratory*