

PELATIHAN MODEL PEMBELAJARAN ATLETIK BERBASIS HYBRID (PROBLEM BASED LEARNING DAN INKLUSI) UNTUK GURU SMP SE DIY

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ABSTRACT

The purpose of this PKM activity is expected to provide a new picture for PJOK teachers to be able to provide innovative learning models that are innovative and according to the needs of student competencies in this modern era through the implementation of hybrid-based learning model training for PJOK junior high school teachers throughout DIY. The method of implementing this PKM activity will generally be carried out in 2 stages, namely theoretical debriefing and practical training on this hybrid-based athletic learning model. Theoretical material is given by several experts in learning models and athletic sports, the material to be delivered includes (1) PBL physical education learning model and inclusive teaching style, (2) hybrid-based physical education learning concept, (3) hybrid-based athletic learning model syntax, and (4) an evaluation system for a hybrid-based athletic learning model. As for the training that will be given to PJOK SMP teachers in DIY, it will be carried out by researchers who have developed this innovative learning model and assisted by PJKR FIK UNY students as tutors for teachers. This training has been carried out for two days using online and offline methods. The average results of the knowledge or literacy test of learning models and athletic materials in the fairly good category are 54% for learning model literacy and 55% for athletic materials. On the second day, which was held offline by inviting 20 teachers, it was held at SMPN 5 Yogyakarta and involved 30 students as training participants who carried out the developed athletic learning model. The results of practitioner validation were categorized as very valid on all variables assessed by practitioners on the learning model that had been implemented during the training.

Kata Kunci: Training, Innovative Learning Models, Athletics, Junior High School Students