

# HEALTHY LIFE PATTERNS FOR CHILDREN WITH SPECIAL NEEDS FOR BLIND IN SLB ELEMENTARY SCHOOL LEVELS, YOGYAKARTA SPECIAL REGION

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## ABSTRACT

The purpose of this study was to describe a healthy lifestyle for children with special needs who are blind. The analysis in this research is descriptive qualitative method. The subjects in this study were selected consisting of 36 respondents from 9 SDLB Yogyakarta City. The process of collecting data using interviews was analyzed through three stages, namely data reduction, data display and conclusions and data verification. The results of the interview show that children with special needs who are blind apply the basic things of a healthy lifestyle. while for children with special needs, they still need the role of a companion to be able to implement a healthy lifestyle.

blind, healthy lifestyle

Kata Kunci: *blind, healthy lifestyle*