

# THE APPLICATION OF HEALTH PROMOTION THROUGH SMALL GROUP DISCUSSIONS AS AN EFFORT TO REDUCE DRUG USE AMONG ADOLESCENTS IN THE SOUTH MAGELANG

by Tomoliyus, Yudik Prasetyo, Rizki Mulyawan, Krisnanda Dwi Aprianto

## ABSTRACT

The development of technology in Indonesia has increased dramatically. The rapid transformation of technology in the last decade has had an impact on various sectors. Among them is the media, the ease of delivery and exchange of messages presented by technology. The meeting point of the development of communication technology in Indonesia and the Covid-19 pandemic has made the communication process, especially in online learning, feel facilitated. Children of student age are becoming increasingly capable of carrying out online learning using gadgets, and inevitably they will also access the internet with various information. In the online learning process of students during the pandemic, the "old enemy" that seems to be silent but moving is Narcolema.

Narcolema (drugs through the eyes) is pornography commonly accessed by humans through the eyes, which has a more severe brain damage than drug users. Narcolema (drugs through the eyes) is pornography viewed by a person that has the same addictive and destructive effects as drug users. The damage experienced due to pornography addiction is damage to the frontal brain or pre frontal cortex (PFC). The pre frontal cortex functions as the centre of judgement and decision-making, and it is the PFC that shapes a person's personality.

One of the efforts to increase knowledge about exposure to pornography among adolescent social circles is to conduct health promotion through small group discussions in the target audience. It is expected that the health promotion will be able to increase the knowledge of adolescents about narcolema and reduce narcolema in adolescents in the South Magelang area in particular. The purpose of this Community Service Programme is to increase knowledge about narcolema and to reduce the incidence of narcolema among adolescents in South Magelang area. It is expected that with this PkM activity with material briefing on the dangers of narcolema, all adolescents who take part in this activity can increase their knowledge about narcolema so that they can reduce the incidence of narcolema in adolescents in the South Magelang area. increase knowledge about narcolema so that it can reduce the incidence of the incidence of narcolema among adolescents in South Magelang.

Kata Kunci: *Health Promotion, Discussion, Narkolema, Adolescents*