

IMPLEMENTATION OF SCIENCE AND TECHNOLOGY THROUGH THAI MASSAGE TRAINING IN HATTRA MEMBERS (TRADITIONAL HEALTH) BANTUL, YOGYAKARTA SPECIAL REGION

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ABSTRACT

Musculoskeletal disorders are disorders that often occur in the community and require treatment. Members of traditional healers (HATTRA) are part of community members who need to be empowered to treat musculoskeletal disorders that can be treated with Thai Massage. The purpose of this service activity is to conduct training on thai massage techniques to treat musculoskeletal disorders in HATTRA Bantul members. This service activity received a positive appreciation from the training participants. There was an increase in knowledge and skills as indicated by an increase in the pretest and posttest scores from 58 to 86. The majority of participants stated that the technique used was easy and clear and intended to apply this technique. It can be concluded that this activity is useful for increasing the knowledge and skills of HATTRA members about thai massage

Kata Kunci: *thai massage*,