

# **CAPACITY BUILDING OF PHYSICAL EDUCATION TEACHERS IN DEVELOPING PHYSICAL ACTIVITIES FOR DISASTER PREPAREDNESS**

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## **ABSTRACT**

The purpose of this Program Community Service activity is to conduct training and assistance to increase the capacity of PE teachers in junior high schools in Sleman Regency in developing physical activities for disaster preparedness. The target audience for this Program activity is 30 PE teachers for junior high schools in Sleman Regency, DIY. The methods in this Program activity are (1) training activities in the form of presentations, (2) guided discussions are carried out in the form of small groups of all participants led by a team of mentors involving disaster practitioner speakers, physical education expert speakers and physical education curriculum experts, (3 ) organize the practice of compiling documents regarding the findings of physical activity from teachers which will be given input and tried out through practical simulations in the field and then will be documented into a new finding which is hoped to be copyrighted. The results of Program activities in the form of offline training can run well and smoothly. The participants gain knowledge about disaster risk reduction policies, concepts, experiences, and practices in schools. Preparedness is not only related to the environment and infrastructure, but also people's preparedness is very important to be developed through various approaches including education. Teachers increase their capacity by being able to make several physical activities that can be adapted to the type of disaster that threatens their school area and are able to provide an explanation of the purpose of carrying out these activities. Teachers come to understand that Physical Education can be integrated with physical activity and disaster preparedness.

*Kata Kunci: Program, capacity, preparedness, disaster, physical education*