

EDUCATION OF TOTAL MASSE AT “SUKAMAJU” POSYANDU, BANYURADEN VILLAGE, GAMPING DISTRICT, SLEMAN REGENCY, YOGYAKARTA SPECIAL REGION

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ABSTRACT

The purpose of this counseling is to provide theoretical understanding and improve the ability of toddler massage skills to posyandu cadres. The target audience in this PkM activity is the cadre of the “Sukamaju” Posyandu in Banyuraden village, Gamping sub-district, Sleman district, Yogyakarta Special Region. This massage skill training is carried out in various ways, including: lectures, demonstrations and exercises accompanied by questions and answers. The lecture method used to explain the concept of toddler massage. The method used to show a work process is the stages of toddler massage management, while the training method is to practice toddler massage management. While the question and answer method is to provide opportunities for participants to overcome obstacles in the management of toddler massage. the availability of sufficient experts in toddler massage training, the enthusiasm of the participants, the support of resources and supporting funds from the UNY DIPA Fund for the 2022 Fiscal Year are supporters of the implementation of PkM activities. The obstacles faced were the cadres who did not have initial knowledge about the theory and management of toddler massage and limited time for training. The results of PkM are able to provide theoretical and practical insight to Posyandu cadres. The PkM baby massage program is in line with the Posyandu's role as community empowerment for health that needs to be socialized more widely.

Kata Kunci: *counseling, toddler massage, posyandu cadres*